MEDIESTETICA

HEALTH AND BEAUTY

SINCE 2003



Unlock the Secret of Eternal Youth

SERVICES CATALOG



Indulge in curated wellness and beauty experiences tailored to your specific needs and lifestyle with MEDIESTETICA's exclusive packages.

Contact us to learn more.

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- +971 4 276 5551
- mediestetica_uae
- www.mediestetica.me



what's inside?

- Who we are
- Our services:
- Quintessence Dermal Science
- Hair-Free Silky Skin
- Skin Eclat Micro Purification
- Tranquil Touch Therapy
- Salt Infusinf Therapy
- Infrared Sauna
- Luminary Contour
- Beauty Inside Out
- Back To Basic
- Nutrition for a Healthy Life
- Gym



Elevating Aesthetics, Longevity and Wellness Beyond Borders

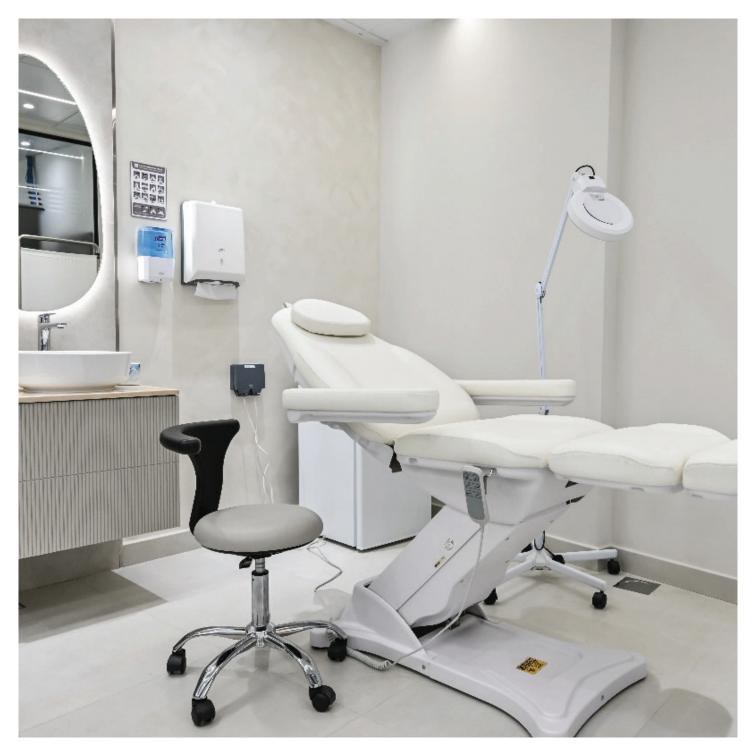
Since its founding in the USA in 2003, MEDIESTETICA polyclinic has built a legacy of transformative care. From Florida, to Colombia and Mexico, we partnered with global icons and international celebrities to unveil their most confident and radiant selves. Today, we bring that same ethos to Dubai, merging our American heritage with Dubai's spirit of luxury and innovation.







At our Dubai sanctuary, beauty and wellness are daily rituals, not occasional luxuries. We offer a holistic space where cutting-edge equipment, non-invasive treatments, longevity therapies, and personalized fitness coaching come together in serene privacy. Step into our world and let MEDIESTETICA weave aesthetics, wellness and longevity into the opening chapter of your personal transformation saga.



Confident that your beauty deserves nothing less than mastery that exceeds expectations, we are thrilled to announce our full range of services, including:

QUINTESSENCE DERMAL SCIENCE

Advanced dermal care designed for results you can feel and see.





STAY FOREVER YOUNG

Juvederm FillerTeosyal FillerCroma Filler	AllerganDysportNabota
Skin Boosters: Profhilo RRS LOLA DNA Salamon Redensity 1 Volite Monaco Lift NCTF	Collagen Biostimulators:
Filler Dissolving	

Exosome for hair and face

PRP (Platelet Rich Plasma)

Fillers:

Mesotherapy and Biorevitalisation Cocktail Skin Reviving IV Drips Exion Skin Tightening

Morpheus Skin Tightening

Botox:



HAIR-FREE SILKY SKIN



Using the most advanced technology, the "CANDELA GENTLEMAX PRO PLUS", to give you the silky soft skin you've always dreamed of.



SKIN ECLAT MICRO PURIFICATION



MEDIESTETICA Royal Facial

Elite Glow HydraFacial

Express HydraFacial

Microhydrafacial

Collagen Boost HydraFacial

MEDIESTETICA Signature Facial

Deep Cleansing

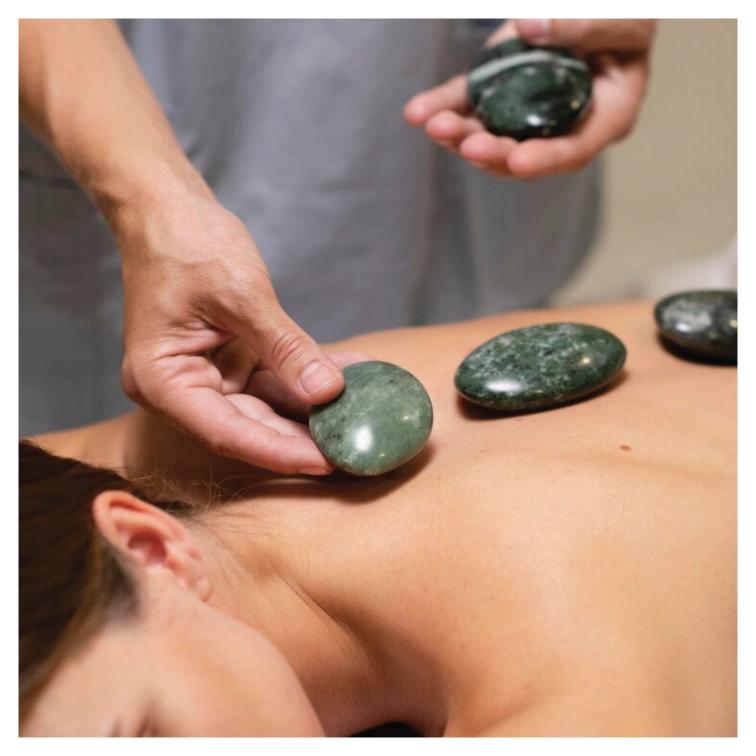
Mesotherapy Dermapen

Package Eclat-1

Package Eclat-2

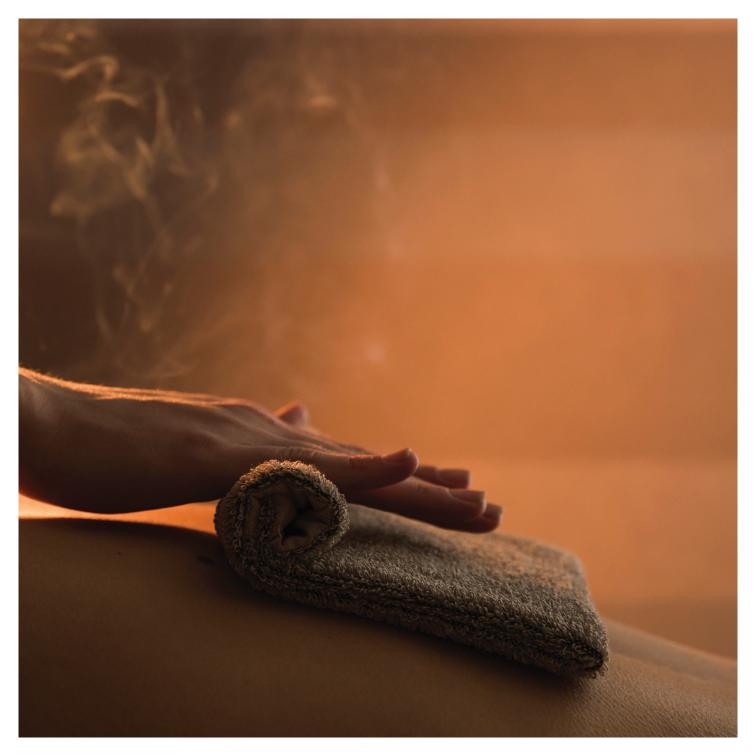
Package Eclat-3

Hyaluronic Acid Revival Treatment by Exion



TRANQUIL TOUCH THERAPY

Sculpt, unwind and experience the art of therapeutic massage to reignite your natural radiance.



Lymphatic Drainage
Full Body Massage
Coffee Therapy

Herbal Compress Massage

Volcanic Stone Therapy **Body Wraps**

MEDIESTETICA Massage

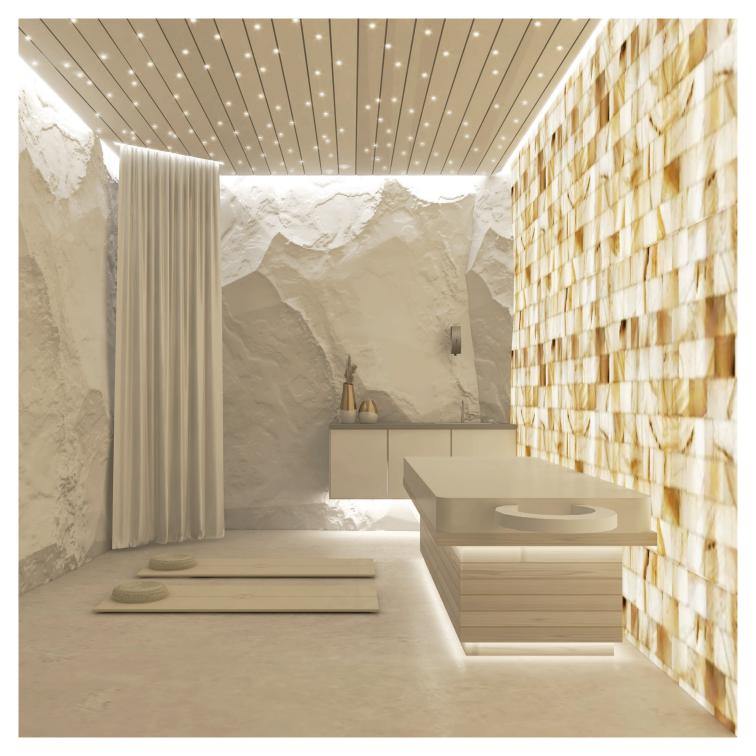
Madero Therapy Lymphatic Drainage Sculpting Adrenal Reset Massage

Fluid Redistribution Massage

Lymphatic Geometry Sculpt Lymphatic Geometry Protocol

Neuro-Fascial Unwind Lymphatic Contour Massage

Soothing Relaxing IV Drip



SALT IINFUSING THERAPY



INFRARED SAUNA

Glow from within, detoxify, and recharge in our premium infrared sauna.



LUMINARY CONTOUR

Shape, tone and redefine your body with our non-invasive body contouring procedures.

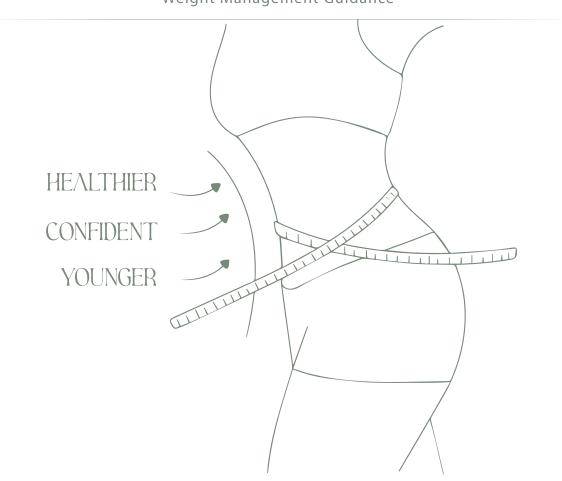


Slimming Massage

Exion Body Contouring

X Cellulite Waves

Weight Management Guidance



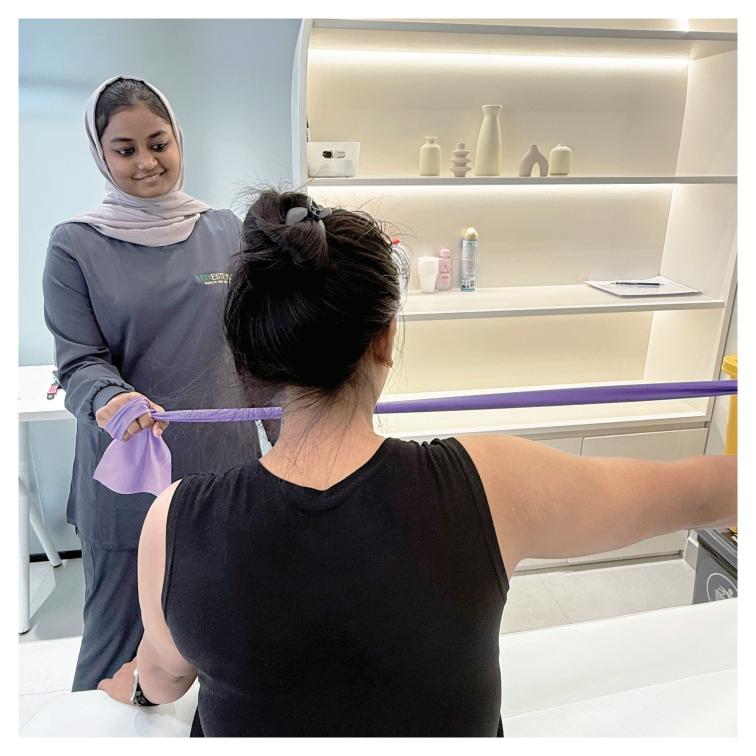


BEAUTY INSIDE OUT

A journey to serenity with treatments that nurture your inner calm and outer glow.

IV Drips

Life Health Plan



BACK TO BASIC

Move freely, feel stronger, and restore your body's balance with the help of our skilled therapists.



Pain Management

Diastasis Recti

Postural Assessment

Strength Training

Arthritis

Myofascial Release/Trigger Points

Fibromyalgia

Pre/Post Op Rehab

Pelvic Floor Muscles

Wellness Programs

Core Muscle Strengthening

Sports Injury-Sports Massage

Neurological Conditions

Manual Therapy

Exercise Programs

Dry Needling

Pre/Post Partum Rehab

Ortho And Musculoskeletal Rehab



NUTRITION FOR A HEALTHY LIFE

Fuel your goals with the right diet. Our expert nutritionists design personalized diet plans for every goal—whether it's fat loss, muscle gain, energy boosting, recovery, clearer skin, or managing health conditions. Because a healthy diet isn't a trend; it's a lifestyle that transforms your life and longevity.

4 И

GYM





We go beyond aesthetics—our comprehensive wellness hub features a premium gym where expert coaching and top-tier equipment meet to build enduring strength and promote longevity.